

SUPPORTIVE LIVING SERVICES INDEPENDENT LIVING

Supportive Living Services

Supportive Living Services at Larksfield Place are designed to foster continued independence for our Residents. By choosing the services you need, and working with our care coordinators to develop an individualized care plan, our shared goal of sustaining your residence in your Independent Living apartment or villa may be achieved for a longer period of time as your health needs change.

Supportive Living Services are designed:

- To support the care needs of Residents and provide nursing management for those services.
- To enrich the experience of aging in place within safe boundaries for Independent Living residents.
- To facilitate communication of residents and family members with Larksfield to plan and support changing healthcare needs in Independent Living.

Home Health Aide Services may include: Assistance with bathing, dressing, medication reminders, simple meal preparation, and other assistance that will enable you to continue living in your apartment for as long as possible.

Professional Nursing Services may include: Help with medications, dressing changes, blood sugar testing, injections, blood pressure monitoring, assessments, planning for your physical and psychosocial needs and contacting your physician as needed.

Supportive Living Services are not designed to provide support to Residents past levels where their safety, or the safety of those around them, may be compromised due to their physical and/or mental abilities. Services NOT provided by Supportive Living Services: routine incontinence assistance, extensive cueing for task completion, assistance with eating, experiencing frequent falls, physical assistance in exiting in emergencies, assistance with ambulation.

(See back cover for office hours and contact information.)

Individual Transportation Service by Appointment

Transportation services are available both for Residents needing to reach places on the Larksfield Place campus and other Wichita locations, such as a doctor's office or the airport. We request that Residents call the Supportive Living Services Transportation Office at 858-3920 as soon as they know they will need transportation services, as the schedule for each day fills quickly. If the schedule is full, we may need to suggest a different day or perhaps a different appointment time in order to accommodate.

TRANSPORTATION SERVICE RATES

Ambulatory – Trip Fee \$15 Wheelchair Accessible – Trip Fee \$25

You will also be charged for the transport aide service time associated with your trip. Transport aide charges begin when a Resident is picked up and stop when the transport aide has returned to the facility.

Transport Aide Service \$26 per hour - rounded up to the nearest ¼ hour - Minimum charge is ½ hour.



STAY INDEPENDENT LONGER

Larksfield Place and Phoenix Home Care & Hospice have a close partnership that supports Independent Living residents to age in place. Phoenix Home Care & Hospice provides residents with in-home care and assistance. This collaboration of expert care and communication HOME CARE & is a valuable asset to our residents' overall quality of life.



316-688-5511

A LA CARTE SERVICES

Bathing/Showers \$75

1 Load of Laundry \$40

Nurse Visit/Hour \$75 weekdays

\$125 for after hours/weekends

Medication Set-up/Dispenser Fill \$75

\$15/visit Light Dressing (such as braces, etc)

\$20/visit Incontinence Care - Complex PRN

\$15/visit Check In - Simple PRN

Make Bed, Light Cleaning, Trash Removal \$15/visit

\$15 (15 Mins) Ironing

Gait Belt \$40



Hourly Private Duty Care

(Minimum of 3 hours)

\$28/hour Caregiver (sitter)

Certified Nurse Aide/Supportive Care \$31/hour

(All private duty charges \$6/hour more on weekends)

24/7 Caregiver \$27/ hour (No extra charge on weekend)

24/7 Certified Nurse Aide/Supportive Care \$29/hour (No extra charge on weekend)

Additional services are available

Call 316-688-5511 for In-Home Support Services All Services 7 Days/Week Including Holidays

MEDICATION REMINDERS:

1. Once a day \$350/MONTH

2. Twice a day \$520/MONTH

3. Three times a day \$670/MONTH

4. Four times a day \$750/MONTH



AUTOMATED MEDICATION DISPENSER RENTAL

\$125/MONTH

Nurse fill \$75/visit

FRIENDLY CHECK IN: (approx. 15 mins)

1. Once a day \$370/month

2. Twice a day \$580/month

AM/PM DRESSING ONLY

1. Once a day \$440/month

2. Twice a day \$700/month

SUPPORTIVE SERVICE CARE PACKAGE: \$900/MONTH

1. AM Dress/Grooming Assistance

2. PM Dress/Grooming Assistance

3. Bath Assistance 1 time a week (Bath 2 times a week – add \$50/Month)

SUPPORTIVE SERVICE CARE PLUS PACKAGE:

\$1250/MONTH

- 1. AM Dress/Grooming Assistance
- 2. PM Dress/Grooming Assistance
- 3. Make Bed/Light Cleaning/Trash Removal
- 4. Bath Assistance 2 times a week
- 5. Laundry 1 load per week

ENHANCED LIVING PACKAGE:

\$1975/MONTH

- 1. AM Dress/Grooming Assistance
- 2. PM Dress/Grooming Assistance
- 3. Make Bed/Light Cleaning/Trash Removal
- 4. Medication reminders up to 4 times daily
- 5. Bath assistance 2 times a week
- 6. Laundry 2 loads per week
- 7. Nurse med. Set up

SHOWER/BATH PACKAGE:

1. 4 baths per month	\$210/MONTH

2. 8 baths per month \$390/MONTH

3. 12 baths per month \$570/MONTH

LAUNDRY SERVICE ONLY:

1. 4 loads of laundry \$120/MONTH

2. 8 loads of laundry \$210/MONTH

Packages can be customized to fit your needs

Monthly charge will be pro-rated when gone 7 days or more

(less than 7 days is full monthly rate)

BEAUTY SALON SERVICES

Salon Direct Line: 858-3940

Stylist: Cassi 259-2902

Manicurist: Patti 371-6919



The beauty salon/barber shop features styling, haircuts, manicures, and pedicures for residents.

Appointments can be made during the shop's hours of operation Monday-Friday. Payment for services may be charged to your monthly statement. (Tipping is not permitted.) Please call the Beauty Shop to set up your standing appointments.

INDEPENDENT LIVING SALON PRICES:

Shampoo & Set	\$26	Waxing	\$13
Shampoo & Cut (no style)	\$30	Manicure	\$24
Woman's Cut and Style	\$48	Gel Polish Manicure	\$37
Men's Haircut	\$17	Acrylic Overlay	\$37
Perm (including cut)	\$71	Acrylic Full Set	\$50
Color – (a la carte) starts at	\$48	Fingernail Trim & Clean	\$15
Temporary Color Rinse	\$6	Pedicure	\$37
Shampoo Only	\$7	Toenail Trim	\$17
Comb Out	\$9	More services available upon request.	

Call 316-323-8458 to schedule your appointment.

All new clients will be required to do a health screening at the first appointment.

WELLNESS SERVICES Call the Fitness Club 316-858-3930 for more information.

HEARING AID CHECK AND CLEAN

Every third Friday of the month at 11 am by Dr. Haris Zafar, Ph.D., C.C.C.A.

Location: Supportive Living Office - Sign up at Fitness Club

Wax is the number one problem with hearing aids. To reduce the likelihood of a repair due to wax in the circuits, it is very important to clean your hearing aids every day, and to have them thoroughly cleaned by a professional at least once a month. This is a service provided to you by Larksfield Place through Audiology and Hearing Aid Services, Inc. There is no charge to you.

For more information, please call Fitness Club 316-858-3930 or Audiology & Hearing Services, Inc. 316-634-1100.

PODIATRY

We are pleased and privileged to have Dr. Christopher Surtman, D.P.M. as provider of podiatry services at the three Larksfield facilities. Dr. Surtman has 24 years of experience and has a full-time established practice at Wichita Foot and Ankle Wound Center. He offers all aspects of podiatry care.

Podiatry clinics at Larksfield are generally scheduled every 2 months at each facility. Appointments for the Independent Living clinic are made by calling the Fitness Club Podiatry services are often covered by Medicare health insurance.

Should you have any questions about his services or insurance coverage, please call Dr. Surtman's office 316-652-5251.

MASSAGE

Therapy through the manipulation of soft tissues produces favorable results to those suffering from anxiety, fatigue, arthritis, allergies, carpal tunnel syndrome, insomnia, TMJ dysfunction, fluid retention of the extremities, depression and digestive disorders. A treatment may also:

- 1. Improve movement, circulation, posture, immune function, flexibility, Range of Motion.
- 2. Reduces pain, stress, scar tissue formation after surgery, muscle tension & spasms.
- 3. Boosts your focus and provides deeper & easier breathing.
- 4. **Promote** faster healing and provides nourishment of the skin.



Massage is not the occasional luxury saved for vacations or spa days anymore. To make an appointment contact Jenn Thompson, Licensed Massage Therapist at 316-640-0302. \$40 for ½ hour massage, \$80 for 1 hour massage on Mondays.

TO SET UP IN-HOME CARE & ASSISTANCE

Call Phoenix at 316-688-5511



Phoenix Nurse Aides are available on the Larksfield Campus, 7 days a week, 7:00 AM – 10:00 PM
Call 316-799-5282



LARKSFIELD SUPPORTIVE LIVING OFFICE

Larksfield Nurse: 316.858.3922* Available Monday – Friday: 7:00 AM – 4:00 PM

*On weekends, evenings, and holidays, please call the front desk at 636.1000.

LARKSFIELD TRANSPORTATION: 316.858.3920 Available Monday – Friday: 7am – 6pm Saturday: 10am – 5pm