

# EXPECT MORE OUT OF LIFE

LARKSFIELD PLACE | A LIFE PLAN COMMUNITY



INDEPENDENT LIVING • ASSISTED LIVING  
MONTESSORI® INSPIRED MEMORY SUPPORT  
SKILLED NURSING • REHABILITATION



## BEST CHOICE

When it comes to living well, Larksfield is the choice for Wichitans 62 and older. No other organization in South Central Kansas can match the healthcare and progressive innovations that Larksfield provides. With over thirty-five years of unparalleled value, a full continuum of care and a history of the highest rated and respected services, Larksfield Place is the best choice.

## OUR MISSION

As the premier retirement community of South Central Kansas, we exist to enrich the lives of discerning older adults, by providing distinctive lifestyle, health and wellness services.

**We accept direct admissions into our health services neighborhoods, and welcome all your questions.**

For the whole story  
or to schedule a tour,  
please call **(316) 858-3910.**



# A LIFE PLAN COMMUNITY

## A LARKSFIELD PLACE ADVANTAGE

---

Larksfield Place is a senior living community designed for independent adults, offering a maintenance-free lifestyle, with the promise of additional health care services should the need arise, at any stage.

## PLANNING AHEAD IS KEY

---

Residents join our community while they are active and still able to live independently. They meet friends, join activities and settle into their home. Later, if they require additional health care, they can receive it right on the same campus from health care staff they already know.

Admission requires that applicants meet both financial and health requirements. Larksfield Place is a not-for-profit charitable organization, and our contract provides important advantages.

## THE LARKSFIELD ADVANTAGE

---

- A percentage of the entrance fee is refundable to you or your estate in the event of your passing, or if you leave the community
- Guaranteed access to Assisted Living, Memory Support or Skilled Nursing for as long as you need
- Benevolent fund to assist financially struggling residents
- Consistently high healthcare ratings and staff ratios

# COMING SOON

to Larksfield Place Independent Living

Larksfield Place is growing to serve more people and their preferences. We are adding a new building of 66 spacious independent living apartments called **Larksfield Landing**. Ranging in size from 934 sf to nearly 2,000 sf., these apartments will surround a beautiful landscaped courtyard for recreation, relaxation, socialization, and special events.

**Larksfield Landing** will be centrally located on the campus and physically connected to the existing community for ease of attending activities and events. We will be expanding the existing dining room and offering outdoor dining, and expanding the Fitness Center as well.



*In addition to the new courtyard, we will be adding:*

- Life Enrichment Center • Community Rooms • Resident Gardens • Under-building Covered Parking

# INDEPENDENT LIVING

---



At Larksfield Place, you can continue to live your active independent life the way you choose, knowing your future health care needs are met. You are free from the burdens of traditional home ownership.

Residents live vibrant lives and participate in a wide variety of outside and indoor activities, both on campus and off.



On campus, residents can pursue their passions and enjoy any number of activities including:

- Fitness classes, with indoor pool and putting green
- Creative art classes
- Music classes and recitals
- Write a personal story with help from our "I Witness to History" program
- Educational and cultural seminars



- Walking and biking across our beautiful campus
- Themed parties, events and socials

While Larksfield Place offers a world of sophisticated amenities and rewarding activities just outside your door, you will be pleased to discover you can choose the size of apartment home or villa, with options from 600 to 2,000 square feet.

## ASSISTED LIVING, THE WAY IT SHOULD BE

*A range of enrichment programs provide an energizing, purposeful life. Enjoy music on the Terrace, relaxing by the Fireside, special programs and activities in the Auditorium.*





## ASSISTED LIVING

At Larksfield Place, Assisted Living provides the same services as our Independent Living, but goes beyond to provide supportive services and nursing care for those who need some assistance with activities of daily living, including the management of medications, bathing, dressing and personal care. Licensed nursing supervision and therapeutic activities are provided 24-hours a day, seven days a week.

Here, you will have access to the skilled, proactive care you need, whenever you need it. All the programs and activities we have make it feel like a real neighborhood ... and that's because it is — with the gentle, attentive help that lets you enjoy it to the fullest.

Our Assisted Living community is built on the very best assisted living ideas and practices from around the country. It includes its

own Tea Room and Tap Room, a dedicated office for visiting physicians, a state-of-the-art wellness center, fine dining, massage therapy — even its own beauty salon.

Its stylish apartment homes are the most spacious in the area. It's assisted living the way it should be, and the way you want it to be.



# MONTESSORI® INSPIRED MEMORY SUPPORT

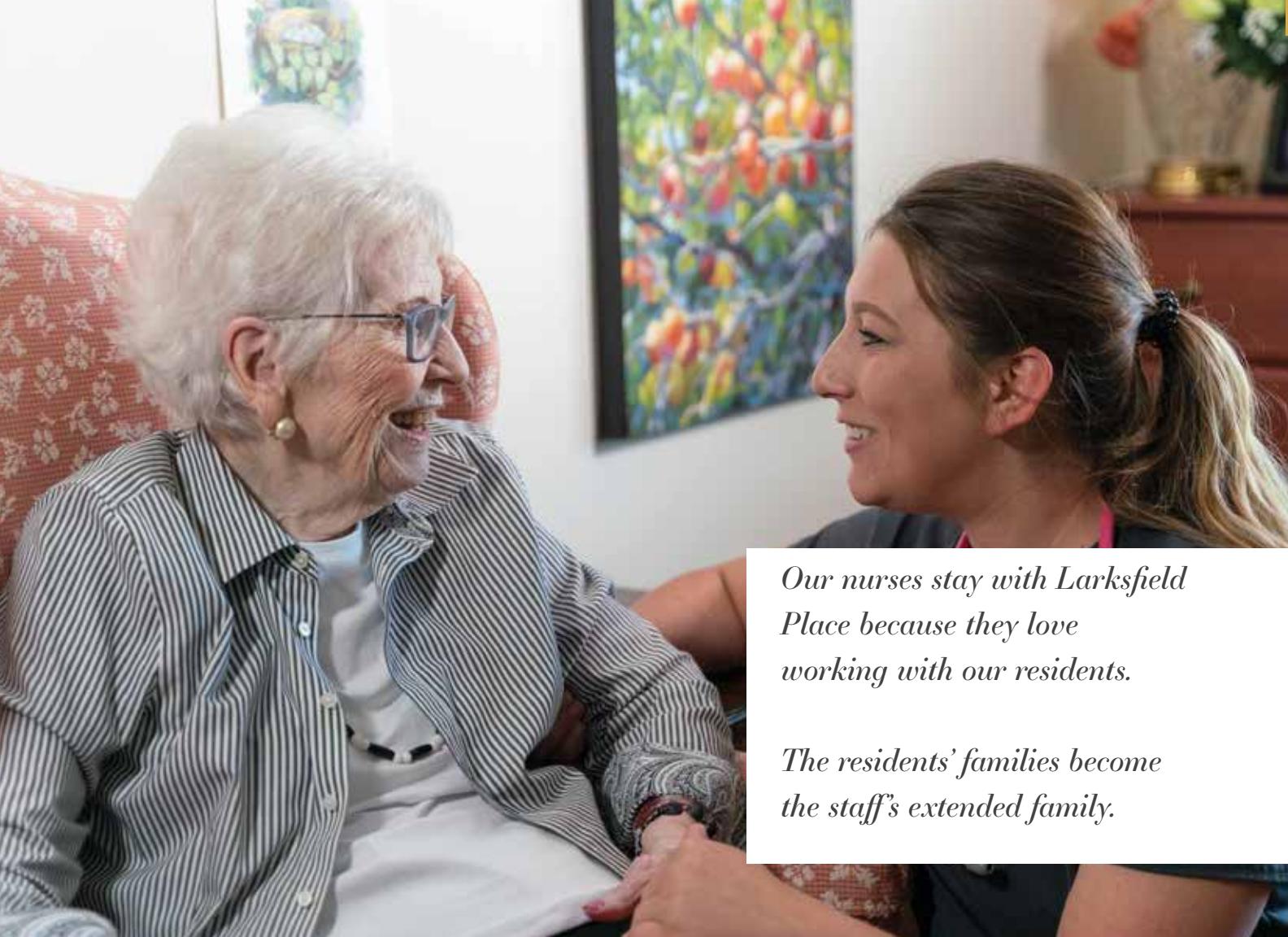
## Montessori Inspired Lifestyle®

Larksfield Memory Support offers Montessori Inspired Lifestyle®, a positive approach to providing care for adults living with dementia or Alzheimer's disease. The Montessori Inspired Lifestyle® approach of care is based on the methods of Maria Montessori, as adapted for adults by Dr. Cameron Camp, founder of the Center for Applied Research in Dementia. This approach allows residents to focus on their individual strengths and engage in meaningful activities.

Residents are supported through specially designed environments, engaging social activities, and individualized care. Caregivers working in memory support receive training and ongoing in-service continuing education that relates to dementia and Alzheimer's disease.







*Our nurses stay with Larksfield Place because they love working with our residents.*

*The residents' families become the staff's extended family.*

# 5 STAR SKILLED NURSING

Imagine a care environment where the caregivers truly enjoy coming to work every day. It's easy for us to imagine, because that's how it is in Skilled Nursing at Larksfield Place.

Our Medicare-certified Skilled Nursing Units provide care 24-hours a day, seven days a week by licensed nurses, for residents who require on-going monitoring, assessment and treatment. In addition, a full range of rehabilitation therapies, social services, nutritional care, pharmacy and activities are provided. A rehabilitation gym and mock apartment is located on-site to help residents achieve goals and return to their prior level of function.

Our skilled nursing team is comprised of only highly trained, experienced professionals—with unusually high patient-to-staff ratios. Our integrated approach brings together other specialists, including occupational, physical and speech therapists, dietitians and social workers.

Also highly valued are our unique partnerships with KU School of Medicine-Wichita, Wichita State University, Wichita Area Technical College and Wesley Medical Center/Wesley Woodlawn.

These partnerships enhance the unique and innovative services only available to Larksfield residents.

The atmosphere of care throughout Skilled Nursing creates a consistently warm, homelike environment that is truly resident focused.



***Larksfield Place is among the highest rated senior health care provider in Wichita – 5 Stars by the Centers for Medicare and Medicaid, rated “Best” by U.S. News and World Report.***



# REHABILITATION

---

Inpatient home care and outpatient rehabilitation programs at Larksfield Place will get you back to being yourself quicker.

Larksfield Place offers a full range of rehabilitation services staffed by our own licensed, certified therapists who have extensive experience working with older adults. They work closely with other members of the care-giving team so that all nursing, dining, and rehabilitative services are provided as an integrated approach with the benefit of maintaining consistency in care.

Larksfield rehabilitation consists of a complete on-site rehab gym, pool, modalities including ultrasound, e-stim, diathermy, weights, cardio equipment and private treatment areas.

When patients are admitted into outpatient programs, it indicates that the patients are doing well enough to be home, and their doctors have confidence in them completing their course of therapy through outpatient rehabilitation. Typically, a therapy session lasts from 30 minutes to an hour.

**Physical Therapy** assists with everything from increasing mobility after a stroke to improving muscle tone through personalized

exercise programs to prevent, identify, alleviate or compensate for neuro-musculoskeletal dysfunctions.

**Occupational Therapy** assists individuals with adapting to their social and physical environment through education, training, cognitive activities, utilization of adaptive techniques or equipment to overcome physical disabilities and customized exercises.

**Speech-Language Therapy** aids with speech recovery, language and swallowing functions as well as memory by helping to address problems with communication and swallowing dysfunction.

## REHABILITATION PROGRAMS INCLUDE:

---

Orthopedic Rehabilitation  
Neuro-Rehabilitation  
Cardiac Rehabilitation  
Pulmonary Rehabilitation  
Stroke Rehabilitation  
General Rehabilitation  
Medically Complex Rehabilitation  
Aquatic Therapy  
Lee Silverman Voice Treatment  
(LSVT) BIG™ and LOUD™  
Lymphedema Certified Therapy  
NEURO-IFRAH® Trained for  
Stroke or Brain Injuries



# TRANSITIONAL CARE

**YOU EXPECT  
SUPERB HEALTH  
SERVICES FROM  
LARKSFIELD PLACE.**

*That's not just our tradition.  
Our care consistently earns  
outstanding ratings from  
independent reviews.*



- Transitional Care is a short stay for seniors who have been discharged from the hospital or skilled nursing care and are not quite ready to return home. This collaboration of care and services is designed to achieve quality outcomes, a positive patient experience and reduce unnecessary readmissions to the hospital. Available 24/7, allowing for less than a 30-day stay.

- Services & accommodations include: 24-hour staff, licensed nursing, physical, occupational and speech therapies as needed, medication management, private apartments with personal alert systems in case of emergencies, apartments are furnished and decorated. Chef-prepared meals available in the dining room.

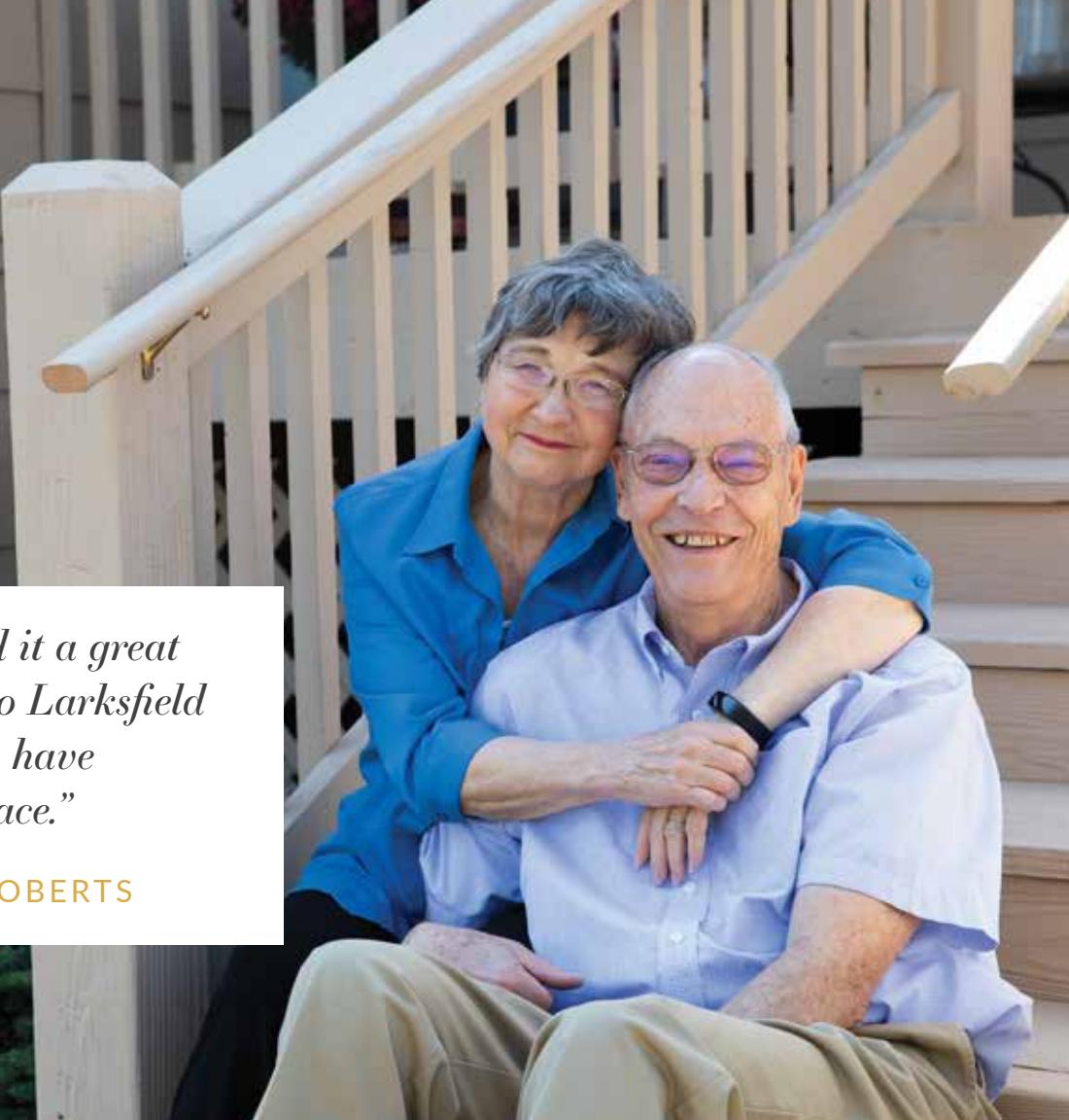
- Short-term stays are subject to availability. One does not have to be a resident of Larksfield Place to take advantage of this opportunity. Accommodations are private pay and less expensive than a home health caregiver.

Transitional Care | 24-Hours

For more information about Transitional Care, please call 316.361.2800.

*“Our kids considered it a great gift that we moved to Larksfield where they know we have everything in one place.”*

**-DARRYL & BETTY ROBERTS**



**Independent Living**

7373 E. 29th St. North | Wichita, KS 67226  
(316) 858-3910

**Assisted Living & Montessori® Inspired  
Memory Support**

2727 N. Rock Road | Wichita, KS 67226  
(316) 361-2800

**Skilled & Rehabilitation Care**

2828 N. Governeour Street | Wichita, KS 67226  
(316) 636-1111



For more information about Larksfield Place or  
to schedule a tour, please call (316) 858-3910  
or visit our website at [Larksfield.org](http://Larksfield.org)

*We look forward to hearing from you.*

